Senior Services Commission Meeting
Minutes
March 03, 2021, 8:30am

In Virtual Attendance: Mayor Craig, Sean M. Parr, Mary Lynn Edwards, Pat Kalik, Leon PJ Drysdale
Gail Senno, Director, Kimberly Drohan Senior Service Specialist II
Absent: Terry A. Gesel

1. Public participation-none noted
2. Introduction of new Commissioners
3. Introduction of Senior Center staff and positions
4. Information regarding voting for Chairperson and Secretary
5. Permission to distribute contact list of Commissioners to fellow Commissioners
6. Reviewed expectations of Senior Services Commission
7. Overview of Senior Services Department and Activity Center and Bi-Monthly Newsletter
   Social time, Congregate Dining, Billiard, Bingo, Line dancing, Wii Bowling, Acrylic Painting,
   Bridge, Whist and Bid whist, Hand and Foot, Pinochle, Dominoes, Mah Jongg, Scrabble, Fitness
   Room Computer Room, Exercise Program, Workout Warriors, Zumba Gold, Chair yoga, Tai Chi,
   Qi Gong, Adult Coloring Group, Diamond Painting, Walking Group.
8. Affiliations with MA College of Pharmacy and Health Sciences, Rivier College, Manchester
   Community College, Center for Physical Therapy and Exercise,
9. 2021 collaborating with the library regarding 3 programs; Nutrition, Outreach to Senior Care
   Facilities, Adult Summer Reading Program.
10. Plan on how to define and shape a new perspective for the Senior Center
11. Plan on how to expand Senior Services/Activities throughout the City, not only to Seniors who
    attend the Senior Center.
12. Outreach into the Community
13. Do we have transportation for Seniors? In past worked with MTA to transport Seniors to the
    Center, cost was $6400.00/year and underutilized based on cost.
14. Volunteer Program, suggested looking into Americorp Volunteer Program, once trained can
    volunteer for up to one year.
15. Discussion on closing of the Senior Center during COVID-19
16. Discussion on Phase One re-opening plan.
17. Set up appointment with individual Commissioners for tours of the Senior Center.